



Cranford Primary School
Berkeley Avenue
Hounslow
TW4 6LB

PE Policy

Date: September 2023

Review Date: September 2024 (or sooner if changes to the law or practice).

INTRODUCTION

Cranford Primary School is committed to promoting the health and well-being of its pupils and staff through physical activity. This policy outlines the organisation, teaching and management of physical activity at Cranford Primary School.

The policy was formulated through consultation with members of staff, governors, parents, pupils, and our school nurse and was implemented in Autumn 2020.

ETHOS & ENVIRONMENT

Cranford Primary School strives to maximise opportunities for children, young people and all associated with the school to be physically active by promoting all avenues for activity. This includes the curriculum, environment and wider community.

PHYSICAL ACTIVITY POLICY COORDINATORS

The school physical activity policy and strategy coordinators are Celine Munden, Rukhsar Hussain and Michael Horne.

PHYSICAL ACTIVITY AIMS & OBJECTIVES

Aim: To ensure that all aspects of physical activity in school are promoted for the health and well-being of pupils, staff and visitors.

Our specific objectives are as follows:

1. To enable pupils and staff to understand the importance of physical activity through the provision of information and development of appropriate skills and attitudes.
2. To provide and promote opportunities for staff and pupils to be physically active throughout and beyond the school day.
3. To increase physical activity levels of pupils in line with national targets.

Intent
The PE planning is differentiated using the STEP principle (Space, Task, Equipment, People) approach to include all children in lessons. Long term planning is sequenced using progression of skills ladders. The PE curriculum prepares pupils for the next stage of Education by being broad and balanced and by building on previous knowledge and skills.
Implementation
PE is taught for 2 hours in every year group. This is timetabled and monitored by subject leaders. Overall teachers have a good subject knowledge. Aids are provided in the KS1 and KS2 halls to fill any gaps in knowledge (STEP poster, progression ladders, SET skills and warm up and cool down cards). Vocabulary pyramids are also available online and in the planning folder. Any inputs and plenaries are included in lessons so that children are aware of the learning intentions and can recall knowledge and new vocabulary learned. Children should be used where appropriate to give demonstrations of an activity or leading a warm up / cool down. Assessment is now being done in lessons so that children are aware of exactly how they can achieve the learning intention for this lesson. Learning intentions in lessons are a balanced mix of social, physical, emotional and thinking skills. ECTs and fully qualified teachers are provided with individual support from a member of the Sports Impact team using team teaching. A PE inset was also conducted in the previous year and notes and slides are available in the PE folder. Learning walks and observations are done by subject leaders during subject release time. Impact analyses and PE curriculum audits are also done regularly to monitor the curriculum and planning. Class teachers and subject co-ordinators are encouraged to take pictures and videos of PE lessons each half term to show evidence of good practice.
Impact
The Physical Education curriculum will give students the confidence, skills and knowledge to continue to take part in physical activity and sport. Students will also have an understanding of the importance of health and fitness, exercising safely and the importance of following rules within sport and society. Children will also develop a broad range of skills across a variety of activities and sports.

EQUAL OPPORTUNITIES

All physical activity opportunities offered at Cranford Primary School are designed to be inclusive, and cater for different ability levels. For more information please refer to the Equal Opportunities and Gifted and Talented policy.

RESOURCE PROVISION

Cranford Primary has two school halls, which are equipped with portable and fixed apparatus for gymnastics. For the teaching of games, there is a large playground, with markings, a court yard with markings, a large field and a Multi Use Games Area (Artificial Grass). The PE co-ordinator in order to prioritise any necessary expenditure for the year, conducts an annual audit of all physical education equipment. Resources for games, dance and outdoor activities can be found in the shed, the P.E cupboard located within the KS1 hall, and planning resources can be found in the PE Co-ordinator area on the school network as well as on the GetSet4PE website.

STAFF RESPONSIBILITY & DEVELOPMENT

Schools Sports Co-ordinators: Celine Munden, Rukhsar Hussain and Michael Horne. All staff receive training by Sport Impact during INSET meetings. Sport Impact also supports ECTs regularly on a 1:1 basis through their first year of teaching. Our partnership with the Sport Impact has widened the school's relationships with external agencies. As a result, local coaches often come into school and work alongside teachers.

CURRICULUM PROVISION

Organisation

Class teachers and PE coaches teach the PE programme. Coach Michael delivers one PE session a week and the teacher will deliver the other in most cases. One term a year the class teacher will deliver both lessons.

Each child will receive the following **ACTIVE** PE time per week:

Foundation Stage: 45 minutes x 1 lessons, 15 minutes Cranford Dash, continuous active play throughout the day.

Year 1 and 2: 45 minutes x 2 lessons, 15 minutes Cranford Dash,

Year 3 and 4: 50 minutes x 2 lessons, 15 minutes Cranford Dash, (Year 4- 45 minutes of swimming in the summer term)

Year 5 and 6: 50 minutes x 2 lessons, 15 minutes Cranford Dash.

Planning:

In both key stages, we teach gymnastics, dance, games and athletics with the addition of outdoor adventure activities in key stage 2. In Year 5 children have the opportunity to take part in swimming. In the Foundation Stage, activities to support learning from the areas of 'Physical Development' and 'Creative Development' in the Early Learning Goals are planned daily.

Class teachers lead the lesson planning using appropriate schemes of work for the year group.

Cross curricular links

Whilst retaining its unique contribution to a pupil's movement education, physical education also has considerable potential to contribute to much wider areas of learning. It is considered important that physical education is integrated into the school's planning for the development of pupils' communication, numeracy, PSHE and ICT skills.

Assessment

Teachers use the end of topic expectations from planning and the attainment targets in the National Curriculum to help them provide a target for pupils as well as the assessment guidelines provided directly on the GetSet4PE scheme.

EXTRA CURRICULAR PROVISION

Break times / lunch times

The implementation of the Play Pod during lunchtimes has promoted a love of activity amongst the children within KS1. We also have several coaches that lead sporting activities during lunchtime. This gives children a focus whilst also remaining active. Playground Leaders support younger children during lunchtime. At break times, children are encouraged to take part in the Cranford Dash, make use of the climbing apparatus or the outdoor gym. During the summer term, the field is opened and children have access to the marked track as well as being encouraged to play football and other team games. The implementation of the FA Shooting Stars has seen to be popular among KS1 girls. Refer to the school Play Policy for extended information about play.

After school clubs

We aim to encourage all pupils to take part in a range of clubs, and involve them in deciding the clubs we put on offer. Registers of clubs are kept to identify those who do not take part in (extra) regular exercise. A targeted club for inactive children is part of the extra-curricular activities we put on offer. A range of clubs are on offer, these include; football, basketball, tennis, hockey, badminton, gymnastics, martial arts, ball skills and gardening club. These clubs are changed termly according to weather and children's interests.

Competition

Pupils take part in a range of intra-school and inter-school competitions organised through the School Sport Partnership. These include; football, tag rugby, sport's hall athletics, netball, Hounslow Sport's Day, cricket and basketball.

SEND children will be able to participate in targeted competitions as well.

ACTIVE TRAVEL

The school promotes the Walking Bus (currently suspended), which happens twice a week. We also take part in Walk to School Week annually. Bicycle workshops are held annually for Year 6 in the Autumn term. We take part in a range of community programmes which promote active travel e.g Beat the Street.

COMMUNITY PARTNERS / LINKS

We have also established links with a number of local clubs including; London Welsh Rugby, Duke's Meadow's Tennis, Bu- Sen Martial Arts Club, Tennis at Cattaway, Hounslow Athletics, Brentford Community Trust.

STAFF ACTIVITY

Our staff aspire to be positive role models for our children. We aim to take part in physical activity whenever possible, for e.g. racing the children at sports day. Staff often play games with children at playtime and demonstrate physical activity during PE lessons. Staff are encouraged to wear school PE kit during lessons and sports day.

HEALTH & SAFETY

Please refer to the school's health and safety policy and risk assessment file.

Use of any external personnel including sports coaches and volunteers will be in line with the schools policy on CRB / staffing checks.

MONITORING & EVALUATION

The physical activity policy co-ordinator will have lead responsibility for the monitoring of physical activity in the school. A range of measures will be used to evaluate impact of the policy in line with the above-mentioned objectives.