



Curriculum Intent

Subject: P.E

Cranford Primary School recognises and values the importance of Physical Education (P.E). PE at Cranford Primary School aims to develop a fun, high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sports and other physically-demanding activities. We do this through fully adhering to the aims of the national curriculum for physical education to ensure that all children: • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • lead healthy, active lives. At Cranford Primary School it is our intention to build a curriculum that enables children to develop knowledge, skills and vocabulary in a broad range of sporting activities, as well as developing values and transferable life skills such as teamwork, fairness and respect.

Topic	End points for Early Years	End points for KS1	End points for KS2
Athletics	By the end of Early Years children should be able to run by using the balls of their feet and have explored running and stopping. Children will know how to jump and hoop safely. Children will be able to throw suitable pieces of PE equipment to a particular target.	By the end of KS1 children would have developed the skills from Early Years further. Children will understand and develop the sprinting action as well as running with a rhythm when running over obstacles. Children would have developed their jumping skills to be able to jump for distance and height. The skill of throwing would have been developed for children to know how an overarm throw is performed for throwing for distance.	By the end of KS2 children will be able to demonstrate a clear understanding of the importance of pace when they are running and this helps with their own development of sprinting skills. Children will be able to use their coordination skills to hurdle with control. At the end of KS2 children will be able to develop their position for when they are jumping at height and develop the power, control and technique in the triple jumper. Children will be able to develop power, control and

			techniques when throwing a discus and javelin.
Dance	By the end of Early Years children should be able to create a short movement phrase which demonstrates their own ideas. They will be able to change their speed and their style of the movements that they are demonstrating and join a range of different moves together.	By the end of KS1 children will be able to demonstrate different transitions within a dance and show an understanding of simple choreographic devices such as unison, canon and mirroring. Children will be able to remember and repeat actions from the class teacher or peers in the room. Children will be able to improve the timing of their actions to be able to move in time to music.	By the end of KS2 children will be able to use dramatic expression in their dance and do this as an individual, with a partner or in a group. Children will be able to identify that repeated movement and patterns can be used when performing a style of dance. Children will be able to combine flexibility, techniques and movements to create a fluent sequence. At the end children will be able to perform with confidence to their peers.
Ball Games	By the end of Early Years children would have explored how to send an object with their hands and feet and will be able to catch it to themselves and with a partner. Children will be able to stop a ball with their hands and feet and will be able to drop and catch with two hands and moving a ball with their feet.	By the end of KS1 children will be able to throw, roll and kick a ball to hit a target as well as catch an object with 2 hands without a bounce. Children will be able to consistently track and collect a ball that has been set to them directly. Children would have explored how to dribble with their hands and feet with increasing control on the move.	By the end of KS2 children would have been able to show good technique when sending a ball with increasing control, accuracy and consistency under pressure. Children will be able to demonstrate increasing consistency of catching, tracking and dribbling under pressure in a variety of game situations.
Invasion Games	By the end of Early Years children will be able to recognise sending and receiving with their hands and a variety of different pieces of equipment. Children will be able to catch a ball using 2 hands and they will know how to move into space to complete an activity	By the end of KS1 children will be able to develop their skills and sending and receiving with increased control. Children will be able to dribble with their hands and feet with increased control to ensure the ball is kept in control. Development of moving into a space away from defenders will be learnt as well as	By the end of KS2 children will be able to develop the skill of making quick decisions about when, how and who to pass the ball to in game situations. Children will be able to dribble consistently using a range of techniques with increasing control when they are under pressure. Attacking tactics with others in

		understanding when defending a goal to stop other players from getting the ball. Children will be able to move with a ball towards the goal.	response to the games that are being played will be taught as well as creating and applying defending tactics with others in response to the game. Children will be able to move to the correct space when transitioning from attack to defence.
Net and wall	By the end of Early Years children would have explored hitting a ball with their hands and sending a ball to their partner. Children will know the different ways that they can change direction when they are running and stopping	By the end of KS1 children would have explored hitting a dropped ball over a net and accurately feeding a ball using an underarm throw to a partner. Children will know how to complete a rally with a partner after one bounce and consistently use the ready position to move towards the ball.	By the end of KS2 children will be able to demonstrate increased success and technique in selecting and applying the appropriate shot for the situation and be able to serve accurately and consistently. Children will know how to successfully apply a variety of shots to keep a continuous rally and demonstrate a variety of different footwork patterns.
OAA	By the end of Early Years children will be able to explore activities in which they make their own decisions in response to a task and use their navigational skills to make decisions about where to move into space. Develop their confidence in expressing themselves and being able to identify when they were successful	By the end of KS1 children will begin to plan and with some success apply strategies to overcome challenges. Children will be able to understand how to use and follow and create a simple map/diagram. Verbalise when they were successful and areas that they could improve.	By the end of KS2 children will be able to apply their understanding to know which is the best method to solve a problem and orientate a map efficiently to navigate around a course.
Striking and Fielding	By the end of Early Years children would have explored sending a ball to a partner and being able to stop a rolling ball. Children will know how to roll, throw and catch using a variety of equipment.	By the end of KS1 children would have developed their striking a ball with their hand and equipment with some consistency. Children will know that there are different roles with a fielding team. Children would have developed coordination and	By the end of KS2 children would have learnt how to strike a bowled ball with increasing accuracy and consistency. Children will know how to select and apply the appropriate fielding action for the situation. Consistently making good decisions

		technique when throwing overarm and underarm and will be able to catch with two hands.	on who to pass to in order to get the batters out.
Swimming	N/A	N/A	By the end of KS2 children will be able to successfully select and apply their fastest stroke over 25m and be able to demonstrate a consistent breathing technique over this distance. Children will learn water safety and know the appropriate survival techniques for the situation.
Target Games	By the end of Early Years children would have explored throwing using a variety of equipment and were able to catch.	By the end of KS1 children would have explored and developed their coordination and technique when throwing overarm and underarm at a target.	By the end of KS2 children will be able to consistently make good decisions on who and when to throw at in order to get opponents out. Within dodgeball children know how to make quick decisions on when to catch and when to doge.
Yoga	By the end of Early Years children would have understood different shapes that can be made using stillness with different parts of their body and know how they can make other shapes by stretching their body. Children would have used strength to put weight on different body parts and reflection on their own feelings as a response to an activity.	By the end of KS1 children would have been able to remember, copy and repeat a sequence of linked poses. Children will become more aware of extension in poses and become stronger when demonstrating them. Children would have increased control in performing poses.	By the end of KS2 children will be able to link combinations of poses for balance with increased control in transition and confidently transition from one pose to another showing extension connected to their breath. Explore poses that challenge their strength when transitioning between poses.
Fitness	By the end of Early Years children would have explored changing direction safely, balance while stationary and on the move and moving different body parts together.	By the end of KS1 children will be able to show improved technique when moving direction, increased balance whilst travelling along and over equipment and explore	By the end of KS2 children will be able to change direction with a fluent action and can smoothly switch between crying speeds. Show fluency and control when travelling, landing,

	<p>Children will also know how to explore moving and stopping with control, taking weight on different body parts and moving for extended periods of time to increase their stamina.</p>	<p>coordination through the use of equipment. Children will be able to demonstrate running and different speeds, increased control in body weight exercises and show the ability to work for longer periods of time.</p>	<p>stopping and changing direction. Can coordinate a range of body parts with a fluent action at a speed appropriate to the challenge. Children will be able to adapt running techniques to meet the needs of the distance that needs to be covered and can use their stamina to use their breath to increase their ability to move for sustained periods of time.</p>
Gymnastics	<p>By the end of Early Years children would be able to show contrast with their bodies showing wide/narrow, straight/ curved. Children will be able to explore shapes in stillness using different body parts and demonstrate different jumps and rolls.</p>	<p>By the end of KS1 children will be able to demonstrate different gymnastic balances and be able to remember, repeat and link combinations of gymnastic balances. Children would have explored different rolls such as barrel, straight and forward roll and put them into a sequence as well as jumps and take off combinations.</p>	<p>By the end of KS2 children will know how to combine and perform gymnastic shapes more fluently and effectively and develop control in progression of a cartwheel and a headstand. Children will know counterbalance and counter tension balances and develop the fluency and consistency in the straddle, forward and backwards roll. Children will be able to combine different gymnastic jumps more fluently and effectively into their routine.</p>