CRANFORD
PRIMARY SCHOOL

Newsletter

Cranford Primary School **Issue 9: 6th November 2026**

Message from the Head Teacher

We are pleased to share that Ofsted have now completed their inspection of Cranford Primary School. While we are unable to share the outcome at this stage, we would like to take this opportunity to celebrate our wonderful children, who truly impressed the inspectors with their excellent manners, kindness towards others and positive attitudes to learning. We are incredibly proud of the way they represented our school and would like to thank them for being such fantastic ambassadors for Cranford!

I would also like to recognise the hard work and dedication of all our staff, who work tirelessly every day to provide the very best for our children. The way our team support one another, work collaboratively and go above and beyond for our school community is something I am incredibly proud of. I feel lucky to be the Headteacher of such an amazing school.

As soon as we receive the Ofsted report we will share it with you all.

I am delighted to announce that Mr Vikram Datta has been successful in the recent election for a new Parent Governor at Cranford Primary School. I would like to thank all the parents who took the time to participate in the election and support the school's governing body. I look forward to working with Mr Datta in his new role and thank him for volunteering his time to support our school community.

This week, our House Captains have spoken to every year group in assemblies about the importance of wearing the correct school uniform. They informed children about what should be worn. Here at Cranford Primary School, every child 'belongs' and for that reason we continue to encourage all children to wear the correct clothing. Since September, we have noticed a decline in children's presentation. Over the weekend, please check that your child has the correct uniform ready for Monday and the half term ahead. Uniform can be ordered via our School website. If you require any assistance with this, then please speak with our School Office team. We also have some pre-loved uniform, which is available at a reduced price.

Your co-operation and support with this, is much appreciated.

Jasmeen Chana, Headteacher

"Great things often start small".

Attendance Matters
...every school day counts!



EARLY YEARS ATTENDANCE WINNERS	KS1 ATTENDANCE WINNERS	KS2 ATTENDANCE WINNERS
PINK CLASS	PURPLE CLASS	AMBER CLASS

Congratulations to the following children who were awarded a merit this week:

Ziva (3Lilac), Ivy (3Aqua), Mohammed (3Aqua), Adam (6Amber), Ozil (5Crimson), Asra (5Crimson), Crisanto (1Green), Rayzel (1Green), Amna (2Yellow), Amal (2Yellow), Lavinia-Ellia (2Purple), Harman (2Purple), Armandeep (RBlue), Asees (1Lime), Mark (1Lime), Kyzen (RPink), Jasraj (RPink), Emily (RRed), Anaya (1Violet), Ayhan (1Violet), Calvin (4Scarlet), Aariya (4Scarlet)





Congratulations to this week's Golden Hour winners:

Megan (Blue)
Nimrat (Green)
Jenaiah (Gold)
Calida (Aqua)
Aarleen (Indigo)
Aishleen (Crimson)
Averil (Amber)

These children were all in school on time every day last week and therefore present for the Golden Hour!

CHAI AND CHAT

All Parents Invited



Thursday 12th November 2026
9am

We will discuss

- Flouride varnish
- Healthy eating
- Open forum



Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB
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Well-Being Warriors Update

Well-being warriors have had an exciting start to the year after being chosen by their class teacher or voted in by their peers. They have had their first meeting with Mr Whitfield, our external PE specialist.

The pupils have taken on three important roles this year;

- Helping pupils to get motivated during brain breaks in the classroom where pupils get up out of their chairs and take part in simple exercises to get their heart rate up.
- Taking part in fundraising activities to raise money for much needed PE equipment.
- Being the warm up leader in their PE lessons

Pupils have received training from Mr Whitfield with regards to their most important role; being a warm up leader. The pupils have learned a number of warm up games that they lead their classmates in; often showing demonstrations, speaking in front of the entire class and checking pupils understand the rules of the games. They then have to manage the games and potentially intervene if pupils are not following all the rules. This is then followed by a one-minute stretch routine that all the children copy.

Updating parents when your child is ill or has been hurt

From Monday 2nd November, we will be trialling a new way of keeping parents informed when their child is unwell or has been hurt during the school day.

As you may know, our current system involves Mrs Chaudhary or Mrs Shew telephoning parents, for example, when a child has bumped their head. We recognise that seeing several missed calls from school can sometimes be worrying, particularly if you are at work and unable to answer straight away.

From Monday 2nd November, parents will instead receive an email from the school informing them of their child's injury. We hope this new approach will be an effective way of keeping you informed while also making these notifications a little less stressful.

Please be assured that if your child is seriously unwell or injured, or if we need you to collect them from school, we will continue to contact you by telephone.

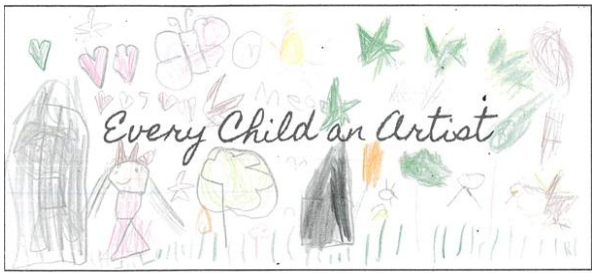
To support this new process, we ask that you ensure that the contact details you have on the school system remain correct and that you update us if your email address changes.

Kind regards the Welfare Team

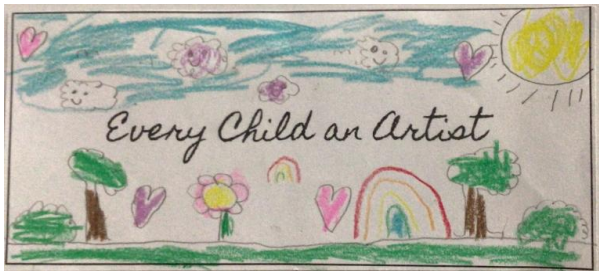


We were very impressed by all the entries for the 'Every Child an Artist' competition. The competition allows all children to show off their artistic talents. We thank all the parents and carers who took the time to vote for their favourite logo and we are now delighted to announce the winners of the competition. The winners' logos will be placed on to the Learning Intentions for Art throughout the rest of this academic year.

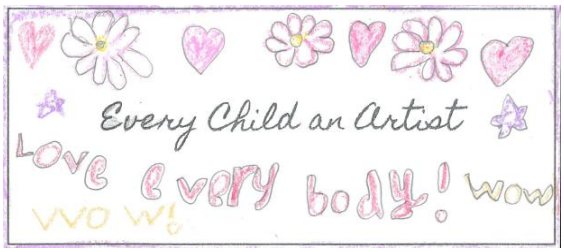
Well done to all who won.



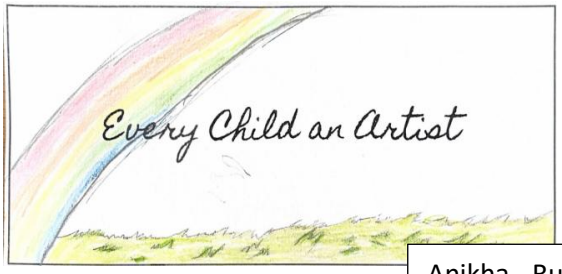
Megan - Blue



Priela - Lime



Karishma- Purple



Anikha - Ruby



Derica - Scarlet



Maya - Crimson



Alina - Safffron



PE arrangements at Cranford Primary School – Autumn 2 2026

On the days your child does PE they must come to school wearing their P.E kit. They will stay in their P.E kit for the whole day. Please find below the days that your child will be required to wear their PE kit.

Year Group	Monday	Tuesday	Wednesday	Thursday	Friday
Opal and Early Years			Pink and Blue – Dance	Opal – Intro to PE Rainbow – Intro to PE Red – Dance	
Year 1	Green – Gymnastics	Lime and Violet – Gymnastics		Lime and Violet – Sending and Receiving	Green – Sending and Receiving
Year 2	Yellow – Dance		Purple and Yellow – Sending and Receiving	Gold – Sending and Receiving	Purple and Gold - Dance
Year 3	Ruby and Aqua - Fundamentals	Lilac – Fundamentals			Lilac, Aqua and Ruby - Dance
Year 4		Indigo, Scarlet and Topaz - Yoga		Topaz and Scarlet – Tennis	Indigo - Tennis
Year 5	Emerald, Sienna and Crimson – Gymnastics	Crimson - Netball			Emerald and Sienna – Netball



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CPS After School Clubs only £4 per session!

We are offering an extensive range of after school clubs for the Autumn Term. Fitness, health and creativity are all integral parts of the school curriculum and our After School Clubs programme encourages children to develop skills in a variety of sports and to broaden their range of experiences and interests as well as helping parents balance work and family life.

Day	Clubs	Spaces Available	Sessions	Cost
Monday	Year 1 & Year 2 Gymnastics	4	7	£28
	Year 3 & Year 4 Football	8	7	£28
	Year 1 to Year 6 Geography	8	7	£28
	Year 3 to Year 6 Art	4	7	£28
Tuesday	Year 3 to Year 6 Gymnastics	10	6	£24
	Year 1 – 6 Colouring and Mindfulness Club	10	6	£24
Wednesday	Year 1 to Year 6 Yoga	14	7	£28
	Fizz Pop Science	10	6	£48
Thursday	Year 1 to Year 6 Cricket	11	6	£24
	Year 1 & Year 2 Art	1	6	£24
Friday	Year 1 to Year 6 Basketball	8	5	£20

Clubs run until **Thursday 17th December 2026**. Please refer to the **Autumn Term 2026-2027 After School Club Dates** list for all Club dates and any dates where Clubs will not be running due to alternative school events.

Clubs run from the end of the school day until 4:15pm for Key Stage 1 Clubs, until 4:25pm for KS2 Clubs and until 4:20 for mixed (Yr1-6) Key Stage Clubs.

Please note, if the Club falls on a day when your child does not have PE, then they will need to bring their PE Kit to change into at their Club. Children should also bring a drink and a healthy snack for refreshment.

If your child would like to attend a club, please log on to Parent Pay to pay the fees. If your child already attends one of the above clubs there is no need to pay again, as you have already paid until Christmas.

Small changes... BIG difference!

SUGAR AWARENESS WEEK

SUGAR AWARENESS WEEK 2 – 8 November

2 – 8 NOVEMBER

Less Sugar = Healthier You!

Be aware • Make better choices • Build a healthier future

THE RISKS

Too much sugar can harm your body and mind. It's not just in sweets – it's in fizzy drinks, breakfast cereals, "healthy" snacks and more!

TOOTH DECAY
Sugar feeds harmful bacteria in your mouth, which can cause cavities and gum disease.

WEIGHT GAIN
Extra sugar adds extra calories, which can lead to unhealthy weight gain and obesity.

ENERGY SPIKES & CRASHES
Sugar gives a quick boost, then leaves you feeling tired, moody and less focused.

LONG-TERM HEALTH RISKS
Too much sugar can increase the risk of type 2 diabetes, heart disease and other serious health problems later in life.

IMPACT ON MENTAL WELLBEING
It can affect your mood, concentration and behaviour.

SUGAR ADDS UP... even when you can't see it!



One can of fizzy drink can contain up to **10–12 cubes of sugar!**

THE CHALLENGES

Sugar is everywhere and it can be hard to avoid. Here are some of the biggest challenges:

HIDDEN SUGAR
It's in foods you might not expect, like sauces, bread, yoghurt and ready meals.

PEER PRESSURE
Friends, social media and advertising can make sugary foods and drinks seem fun and normal.

EASY ACCESS
Sugary snacks and drinks are cheap, convenient and always around.

HABIT
Sugar can be addictive – our brains crave it, making it hard to say no.

STRESS & EMOTIONS
Some people turn to sugar when they're bored, stressed or feeling low.

WHAT CAN WE DO?

We can all make healthier choices! Here's how:

CHOOSE WATER
Water keeps you hydrated, helps you focus and has no sugar!

EAT REAL FOOD
Fruit, vegetables, wholegrains and nuts give you energy and keep you healthy.

PICK HEALTHIER SNACKS
Try fruit, nuts, plain yoghurt, popcorn or wholegrain options instead of sugary treats.

CHECK LABELS
Look for hidden sugar names like glucose, sucrose, fructose, maltose and syrup.

STAY ACTIVE
Exercise boosts your mood, energy and health – and helps balance your diet.

GET GOOD SLEEP
A rested brain is less likely to crave sugary foods.

HEALTHIER BODIES

LESS SUGAR TODAY... A BRIGHTER, HEALTHIER TOMORROW!

HAPPIER MINDS

Following the success of our Write and Shine sessions at the end of the last academic year, we are delighted to invite you to join us for another series of writing workshops!

Our workshops aim to inspire a love of writing in both children and parents, offering creative ideas and inspiration to encourage writing at home. Most importantly, they provide a wonderful opportunity for you to spend quality time together, sharing ideas, being creative and enjoying the fun of writing as a family.

The dates of the workshops are as follows:

- **Monday 30th November:** Years 3 and 4
- **Tuesday 1st December:** Years 1 and 2
- **Wednesday 2nd December:** Years 5 and 6

Time: 3pm–4pm
Cost: £1 per child (each child will receive their own writing journal to take home)

Refreshments will also be available to purchase on the afternoon.

To reserve your space, please book and pay via ParentPay.

We look forward to welcoming you for another celebration of creativity and writing!

write and shine!

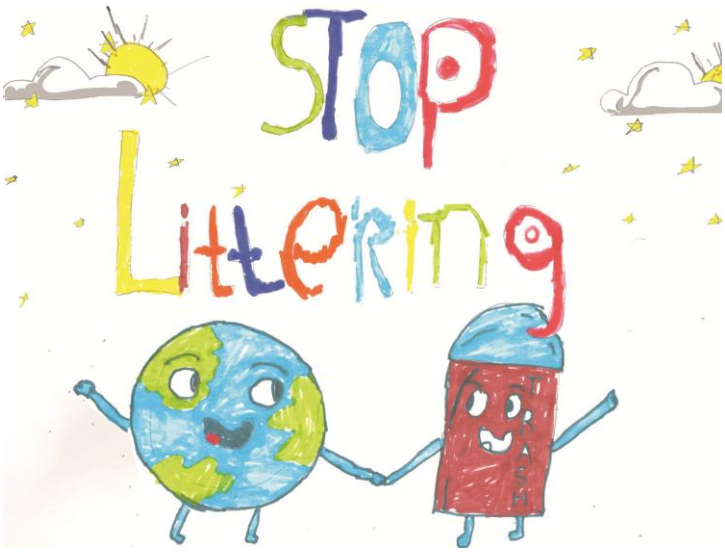




Congratulations to Ajuni, from Ebony Class who won the art competition organised by the Hounslow Highways.

The competition involved the children designing an anti-littering/fly-tipping poster.

Ajuni's design will now be featured on one of Hounslow's road sweeper vehicles, bringing her artwork to life for residents across the borough to see.



Dates for your Diary

Year 5 Diwali Assembly – 13th November at 9.30am and 2.30pm

Odd Socks Day – 16th November

Parents Evenings – 24th and 26th November

History Day – 27th November

Christmas Fayre – 11th December

Christmas Jumper Day – 11th December

Christmas Holidays – 21st December to 4th January

Teacher Training Day – Monday 4th January 2027

Back to School – Tuesday 5th January 2027



Apply for a new reception place at Cranford Primary School

You can apply for a new reception primary school place for September 2027 if your child was born between 1 September 2022 and 31 August 2023.

If you're unsure, you can check which application you should use for your child at their age.

We are offering open days and tours on the following dates in November: Monday 2nd, 9th, 16th November, 23rd November at 9.00am and 1.00pm.

If parents would like to visit on a different day, we will try and accommodate your request. Please contact the school on 02087590305.

The application deadline is midnight on Friday 15 January 2027.

If we receive your application after the deadline, it will be classed as late and only considered after all on-time applications have been processed.

Music is an important part of school life as it enhances children's moral and spiritual capabilities. Each week we will be sharing songs from the model music curriculum, which is used in our music teaching at Cranford. We would encourage and welcome your support by playing the music at home and discuss with your child what instruments they could hear, did they enjoy the music and how it made them feel.

This week's song: Back in school again

https://www.bbc.co.uk/teach/school-radio/articles/z2cpm39

