

# Newsletter

Cranford Primary School

Issue 28: 24<sup>th</sup> April 2026

## Message from the Head Teacher

I wanted to let you know that we are introducing a new initiative to support pupils' punctuality. We have launched the Golden Hour, which refers to the first hour of the school day—the hour that “wakes up the brain.” You may be surprised to know that children begin learning as soon as they enter the classroom. If a child arrives late, they miss valuable learning opportunities right at the start of the day.

Starting from Monday, all pupils who arrive at school on time each day will be entered into a weekly prize draw. At the end of each week, winners will be selected from each year group. Please note that pupils can only be entered into the draw if they arrive on time. We kindly ask that you share this information with your child and support them in arriving at school punctually each day.

I have attached the ‘Healthy bodies, happy minds, ready to learn’ guidance to this Newsletter. I appreciate that some parents have found our new rules banning crisps, chocolate, sweets and fizzy drinks in school as being too harsh but these changes are in place to support all pupils’ health, wellbeing, and ability to focus in class. We are grateful for your understanding and cooperation as we work together to create a positive learning environment for everyone.

Congratulations to Miss Munden, our Lilac Class teacher, who completed the Manchester Marathon on Sunday in a very respectable time. We are very proud of her. Miss Munden is now trying to get the whole school running by organising a Colour Run. This will take place on Friday 15<sup>th</sup> May after school. During the event, spectators will be able to join in the fun by throwing coloured powder at the runners. Colour Runs are enjoyed worldwide in more than 40 countries, with millions taking part to support charitable causes.

The cost is £8 per child, which includes a white T-shirt, sunglasses, and the coloured powder for the event. Please make your payment of £8.00 via ParentPay by Monday 27<sup>th</sup> April 2026. You will also need to [complete the T-shirt size request form](#) so we can order the correct sizes for all children taking part in the fund raiser. There will be a £1 entry fee for adults who wish to come and watch. Refreshments will also be available to purchase on the day (cash purchases only, no bank cards). All profits will go towards our buying a school minibus, which will allow us to travel to sports competition.

Thank you for your continued support and look forward to seeing you all on the 15<sup>th</sup> May 2026.

I hope you have a lovely weekend in the sunshine!

**Jasmeen Chana, Headteacher**

*“Even when you fall down, you can always get back up.”*

**EARLY YEARS  
ATTENDANCE  
WINNERS  
BLUE CLASS**

**KS1  
ATTENDANCE  
WINNERS  
VIOLET CLASS**

**KS2  
ATTENDANCE  
WINNERS  
TOPAZ CLASS**

**Congratulations to the following children who were awarded a merit this week:**

Valentina (4Indigo), Arunkarthi (4Indigo), Nusaibah (5Sienna), Vania (5Sienna), Samuel (5Sienna), Abdirahman (5Emerald), Adam (5Emerald), Danyil (1Lime), Naia (1Lime), Imran (6Saffron), Vladislav (6Saffron), Muhammad (3Lilac), Amal (3Lilac), Vianca (1Violet), Tanvi (1Violet), Jenecia (4Topaz), Musa (4Topaz), Reema (5Emerald), Vivianne (5Emerald), Avireen (RBlue), Zayan (RBlue), Muhammad (5Crimson), Saakhipreet (6Ebony), Edison (6Ebony), Isabella (5Crimson), Tanish (3Aqua), Jazneet (3Lilac), Zarguna (3Aqua)



Congratulations to Miss Munden, our Lilac Class teacher, who completed the Manchester Marathon on Sunday in a very respectable time!

After the race Miss Munden said she felt very proud of herself. Miss Munden's mum tracked Miss Munden around the race course with the banner that the children had made to inspire Miss Munden to keep going.

Miss Munden has raised nearly £900 for the charity Dreamflight, a UK charity that takes children with a serious illness or disability on a holiday of a lifetime to Orlando. The experience can be life-changing and gives young people an opportunity to do something that medicine can't: discover independence, confidence and a new outlook.



# GOLDEN HOUR

Did you know the first hour of school is the Golden Hour?

## Research shows:

- ★ **Better Focus:** The first hour wakes up the brain. It helps children concentrate and remember what they learn all day.
- ★ **Calm Start:** A steady morning routine helps children feel happy and safe. They feel less stressed and more ready to work.
- ★ **Good Habits:** Starting on time helps children learn important habits. It gives them time to feel part of the class.

If you are time this week and are in for Golden hour, you will be entered into a prize draw. If you win, you will get a prize!

Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB



020 8759 0305



office@cranfordprimary.com



www.cranfordprimary.com



**FRIDAY 15TH MAY**

**3:45 PM - 5PM**

**£8 per child. Payable on Parent Pay.**

**Join us for a vibrant, colourful fun run! Expect colourful powder and energetic music for all children at Cranford Primary School.**

**This event will be a 2km around the field and refreshments will be available to purchase.**

**Each entry will receive a white t-shirt to run in, glasses and colourful powder.**

**£1 per spectator to pay at the door.**

Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB



020 8759 0305



office@cranfordprimary.com




www.cranfordprimary.com

Year 4 had a fantastic time on their recent school trip to Hampton Court Palace. The children were excited to explore the historic grounds, stepping back in time as they learned about life during the Tudor period. They particularly enjoyed walking through the grand rooms, discovering fascinating facts about Henry VIII, and getting lost in the famous maze! Throughout the day, the pupils showed great curiosity and enthusiasm, asking thoughtful questions and engaging brilliantly with the experience



SEEING IS  
**BELIEVING**



**WORLD AUTISM  
AWARENESS DAY**

APRIL 25TH, 2026  
11.30 - 13.30

Join us to raise awareness and celebrate with Fun activities for U16's: Football, Yoga, Bouncy Castle Messy Play, Dancing and more

Venue: Indian Gymkhana Club, Thornbury Ave, Isleworth, TW7 4NQ

**A  
U  
T  
I  
S  
M**

ONE  
HOUNSLOW

# Meadowbank Community Hub & Library

Community Close  
Cranford  
TW5 9QX

020 8583 2000  
communityhubs@  
hounslow.gov.uk

Designed with you in mind, Meadowbank Community Hub and Library offers tailored services, activities and guidance on a range of subjects including money management, employment, health and wellbeing. As well as:

- Local organisations such as Citizens Advice, Healthy Hounslow and the Recovery College
- A modern library including a dedicated children's area
- Comfortable seating and a welcoming environment
- Adult learning with a wide range of courses from languages and digital skills to pottery and cake decorating
- Digital access points, a Hounslow Connect kiosk and public PCs.

Find out more about what's on offer on our website or by talking to a member of our friendly team at the hub.



London Borough  
of Hounslow

020 8583 2000  
[www.hounslow.gov.uk/communityhubs](http://www.hounslow.gov.uk/communityhubs)

Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB



020 8759 0305



[office@cranfordprimary.com](mailto:office@cranfordprimary.com)



[www.cranfordprimary.com](http://www.cranfordprimary.com)

## Dates for your Diary

4<sup>th</sup> May - May Bank Holiday

7<sup>th</sup> May - Year 5 trip to Neasdon Temple

11<sup>th</sup> - 14<sup>th</sup> May - Year 6 SATS week

15<sup>th</sup> May - Colour Run

20<sup>th</sup> May - Nursery Open Day

20<sup>th</sup> May - Year 4 Art Exhibition

21<sup>st</sup> May - Year 3 Art Exhibition

22<sup>nd</sup> May - Year 3 Trip

22<sup>nd</sup> May - Maths Day

25 - 29<sup>th</sup> May - Half Term

5<sup>th</sup> June - Geography Day



## Attendance and Punctuality

Outstanding attendance and punctuality are key to your child's learning and ensure that the best possible progress and attainment levels are achieved.

The school is under strict obligation to follow central government and local government guidance in relation to an absence from school. Therefore we do not allow children to take **any** time off during term-time. There are 13 weeks of non-school time throughout the year and this is the time during which holidays must be taken. If you have older children who attend secondary school you should remember to check their term dates before you book a holiday as term dates do not always coincide. Please note any absences occurring either side of school holidays will require medical proof of illness, otherwise the absence will be marked as **unauthorised**.

When booking routine medical and dental appointments every effort must be made to book appointments out of school time.

Music is an important part of school life as it enhances children's moral and spiritual capabilities. Each week we will be sharing songs from the model music curriculum, which is used in our music teaching at Cranford. We would encourage and welcome your support by playing the music at home and discuss with your child what instruments they could hear, did they enjoy the music and how it made them feel.

**This week's song: Got a bit better**

<https://www.bbc.co.uk/teach/scihschool-radio/articles/ztjbsk7>



Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LF



020 8759 0305



office@cranfordprimary.com



www.cranfordprimary.com