

Newsletter

Cranford Primary School

Issue 20: 6th February 2026

Message from the Head Teacher

Science Day was full of curiosity and discovery in the classroom! Students explored exciting experiments, interactive demonstrations, and real-world science in action—sparking questions, creativity, and a love for learning. Everyone had fun thinking like - and dressing like – scientists!

We were delighted when the Year 2 team returned from the KS1 Skills tournament with the winner’s trophy this week. Well done to all the team and to Coach Michael for coaching them to victory!

Please remember that next Friday – 13th February - is a teaching training day and school will be closed to children. This is followed by half term. Children will be expected to be back in school on Monday 23rd February. As you know, the school is under strict obligation to follow central government and local government guidance in relation to any absences from school. Therefore we do not allow children to take any time off during term-time. There are 13 weeks of non-school time throughout the year and this is the time during which holidays must be taken. If you have older children who attend secondary school you should remember to check their term dates before you book a holiday as term dates do not always coincide. Please note any absences occurring either side of school holidays will require medical proof of illness, otherwise the absence will be marked as unauthorised.

Jasmeen Chana, Headteacher

*“If at first you don’t succeed,
try, try, try, again”.*

**EARLY YEARS
ATTENDANCE
WINNERS
BLUE CLASS**

**KS1
ATTENDANCE
WINNERS
LIME CLASS**

**KS2
ATTENDANCE
WINNERS
AMBER CLASS**

Congratulations to the following children who were awarded a merit this week:

Adriel (3Aqua), Khadija (3Ruby), Aariya (3Aqua), Riaan (2Yellow), Anikha (2Yellow), Ayesha (5Crimson), Muhammad (5Crimson), Raafat (1Violet), Cezar (1Violet), Ahmed (3Lilac), Arya (3Lilac), Amaya (5Emerald), Nash (5Emerald), Qusay (6Magenta), Haya (6Magenta), Guneesha (3Ruby), Yusuf (3Ruby), Sammy (1Green), Amal (1Green), Aishleen (4Indigo), Hargun (4Indigo), Ozil (4Indigo), Muhammad (4Indigo), Aden (2Purple), Ayaan (2Purple), Radu (2Purple)



Bug Club

Bug Club - this week's top readers are:

Lime Class

Topaz Class

Magenta Class

Congratulations!

Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB



020 8759 0305



office@cranfordprimary.com



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PE arrangements at Cranford Primary School – Spring 2 2026

On the days your child does PE they must come to school wearing their P.E kit. They will stay in their P.E kit for the whole day. Please find below the days that your child will be required to wear their PE kit.

Year Group	Monday	Tuesday	Wednesday	Thursday	Friday
Opal and Early Years	Nursery and Rainbow - Fundamentals	Opal – PE Nursery and Rainbow – PE Red - Gymnastics	Pink and Blue – Gymnastics		
Year 1	Lime and Green – Net and Wall	Green – Team Building		Violet – Net and Wall	Violet and Lime – Team Building
Year 2	Yellow – Target Games	Gold – Net and Wall	Purple and Yellow – Net and Wall	Purple and Gold – Target Games	
Year 3	Lilac and Ruby –Outdoor Adventure Activities	Lilac and Aqua – Basketball	Ruby - Basketball		Aqua - Outdoor Adventure Activities
Year 4	Topaz - Dodgeball		Scarlet and Indigo - Dodgeball	Topaz, Indigo and Scarlet – Outdoor Adventure Activities	
Year 5	Emerald and Crimson – Dance	Sienna – Play Leader Training			Emerald and Crimson - Outdoor Adventure Activities Sienna - Dance
Year 6				Magenta, Ebony, Amber and Saffron – Gymnastics and Outdoor Adventure Activities	Magenta, Ebony, Saffron and Amber – Gymnastics and Outdoor Adventure Activities

**New timetable starting from Monday
23rd February**

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Children's Mental
Health Week



9-15th

February 2026

Talk to new people
in clubs and class.

Show interest and
kindness, include
and invite others.
Offer to be a buddy.

Talk to them,
don't leave them
on their own, do
something they
like, but
remember to look
after yourself too!

This year, Place2Be's
Children's Mental Health
Week will aim to support the
groups and systems
surrounding our children.
We'll encourage peers,
families, schools and
communities to create
inclusive and nurturing
environments, where children
and young people feel they
belong and can say

"This is My Place".

What could you do?....

Introduce fun new
activities where they
can meet new people
and find new
interests.

By
asking people
how they are
and if they are
okay.

Put yourself in their
shoes.

<https://www.childrensmentalhealthweek.org.uk/about/>

<https://www.youngminds.org.uk>

<https://www.nhs.uk/mental-health/children-and-young-adults/mental-health-support/>

<https://www.healthforteens.co.uk/health/>

<https://www.healthforkids.co.uk/>



Young people in Hounslow can text a school
nurse for confidential advice and support:
07507 333176
Learn more at: bit.ly/ChatHealthPrivacy

Support is Available

Parents and carers if you would like further help or support for
your child or teenager, Send a message to:

07312 263 080

Receive an answer within one working day from a qualified school
nurse. Monday to Friday, 9am-4.30pm.





AIRPORT BOWL
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February Half Term

Tel. 0208 759 7246
bookings@airport-bowl.com www.airport-bowl.com

Airport Bowl, Bath Road, Harlington, Middlesex, UB3 5AL

Facebook: AIRPORTBOWL, Instagram: airport_bowl, Twitter: airportbowl

DRINK, EAT & BOWL
ADULTS **£12** KIDS **£9**
per person per person

2 GAME SAVER
ADULTS **£12** KIDS **£10**
per person per person

POWER HOUR
1 HOUR FOR **£32**

EXCLUDING BANK HOLIDAYS
VALID FROM 01/02 - 28/02 FEBRUARY 2026. AVAILABLE MONDAY - THURSDAY ONLY. OFFER INCLUDES ONE GAME OF BOWLING PER PERSON AND A CHOICE OF DRINKS FROM THE BAR AND ONE HOT DRINK FOR EACH ADULT. A CHOICE OF SNACKS FROM THE RESTAURANT ARE ALSO AVAILABLE. THIS OFFER IS SUBJECT TO AVAILABILITY.

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FUN
FEBRUARY
ACTIVITIES
HALF TERM

eParenting.co.uk

Please fill in the below details and return to a member of staff.

Name: Date:

Mobile No:

Email:

Please tick box to opt in to receive marketing materials from Airport Bowl.

BOWLING OFFICE ONLY

Receptionist Name: Date:

We are delighted to share with you dates for our upcoming Art Exhibitions, which will celebrate and showcase the children’s learning and creativity across the art curriculum. These exhibitions provide a wonderful opportunity for them to share their work, reflect on their learning, and take pride in their achievements.

The exhibitions will be held in the school hall, with artwork displayed by the year group. Parents, friends and family will be welcome to drop in at any point during the exhibition times to view the work and celebrate the children’s efforts.

We look forward to celebrating the children’s creative successes with you.



STUDENT Art EXHIBITION

Year group	Date	Time
Nursery	Wednesday 8th July 2026	Time to be confirmed.
Reception	Tuesday 21st April 2026	2.00pm - 2.45pm
Year 1	Thursday 9th July 2026	2.00pm - 3.45pm
Year 2	Tuesday 10th February 2026	2.00pm - 2.45pm
Year 3	Thursday 21st May 2026	2.40pm - 3.25pm
Year 4	Wednesday 20th May 2026	2.30pm - 3.15pm
Year 5	Wednesday 11th February 2026	2.15pm - 3.00pm
Year 6	Thursday 12th February 2026	2.00pm - 2.45pm



We have our
Winners!!!



Congratulations to our Year 2 team who entered the London Borough of Hounslow's KS1 Skill's Festival and WON! The team - consisting of Chelcia, Sorina, Lily, Wiktorcia, Ella-Ray, Ibrahim, Noah, Ayaan, Riaan and Ehman - competed in a range of events demonstrating their ability in fundamental sports skills such as throwing, catching, jumping, and balancing. Noah said he enjoyed the races best as he is really fast. And Ella-Ray said she was so surprised and happy when the organiser announced that Cranford Primary School were the winners! Coach Michael and the whole school are very proud of the whole team - well done!

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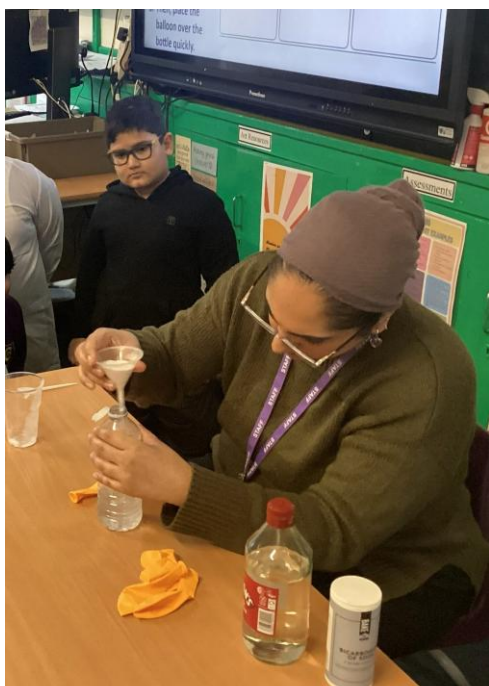
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It all started in the morning when we did an experiment with a balloon, an empty water bottle, baking powder and vinegar. We had to mix the vinegar and baking powder and then quickly put a balloon on top and we saw how big the balloon expanded.

Year 6 Writing Homework. Homework plays a vital role in reinforcing the lessons we learn at school, allowing us to continue our education at home!



Diya 6 Magenta

Screen time is liked globally by children but the government is planning to close it down. Like everything, it still has pros and cons. Read on to investigate the unravelled question. Is screen time good for kids?

On one hand, most parents think screen time is good for children. The reason for this is that kids use phones, tablets and PCs for communication in need of help as well as doing their homework. Furthermore, kids easily explore their inner world and can express themselves. Around more than 65% of kids use it. Giving kids a device stops their fighting and arguing and completely absorbs them, moreover it helps them explore their modern world.

Despite that, screen time can make kids play for hours without taking breaks, lessens family time and creates myopia (to be short-sighted). It makes them forget about the real world and growing up they would not care about money or jobs, let alone a good school.

Armaan 6 Ebony

Many people have different opinions on if screen time is a pro or a con. Screen time includes watching TV, playing games online and using phones, tablets and computers.

On the one hand, some people believe that the games boost confidence and help children learn with interactive maths and English games.

On the other hand, people can get addicted to it and get lazy leading to overweightness, mood swings and blindness. It can be frightening and can teach bad behaviour.

Overall, it has its pros and cons but I think that it is not worth your eyesight for games and entertainment for you only get it once.

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Avreet D 6 Saffron

Screen time: Is it good or bad for your health? Many people have different opinions about this and some believe that it is good whereas some believe it has a negative impact on your health.

Some people believe that screen time is good and can have many different benefits such as: curing boredom, being more social and becoming smarter (using study apps). This is why most people prefer screens rather than reality - it provides a variety of things that you can do all at once to help make your mind more busy instead of reading a book. Research shows that screens make people more confident and creative for they are inspired by what they see on the internet.

In contrast, some people argue that screen time has a negative impact on your health for some children stay up late on their phone/ipad. Studies show that over 75% of the world's population uses screens and has an average daily screen time of 5-6 hours. Many believe that this is harmful to your health as you can start developing under eye dark circles and can also have an impact on your learning. Because of screens, children are forgetting to do their homework - this is the result because screen time is harming many children's memory.

To conclude, screen time has negative and positive impacts and the question - is screen time good or bad for your health - still remains unanswered.

Yusaf 6 Amber

Too much screen time is bad for eyesight and very addicting.

I believe this because humans ignore parents, stay home on trips and lock their doors because of phones, ipads and computers. But some people say you learn and do lots of things on their ipads. It is essential humans get some type of technology in their life because as much as it is bad, it also helps people with talking with cousins from different countries.

In conclusion, both a lot of screen have a lot of advantages and disadvantages as it might affect children's childhood.

The class with the most coins and completion of SA's companion tasks this week is:

EBONY CLASS



Dates for your Diary

10th February - Year 2 Art Exhibition 2.00pm - 2.45pm

11th February - Year 5 Art Exhibition 2.15pm - 3.00pm

12th February - Year 6 Art Exhibition 2.00pm - 2.45pm

13th February - Inset Day - school closed for teacher training

16th - 20th February - Half Term - school closed

23rd February - back to school

5th March - World Book Day



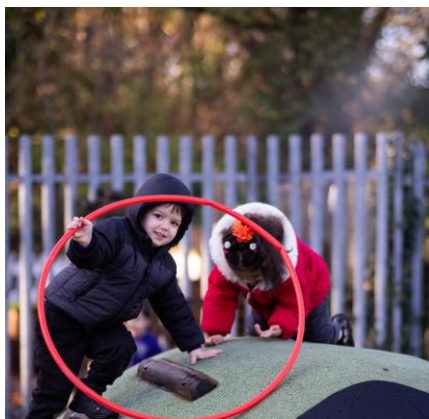
Apply for a place at our School Nursery

Applications are now open for our school Nursery September intake, and we would love to welcome your child to our nurturing early years setting.

Our Nursery was praised by Ofsted who said that 'children in the early years develop their speaking and listening well. The curriculum supports them to build on what they know and can do'.

If you, or a friend or member of your family, has a child born between 1st September and 31st August 2023 please make your application for a FREE place now. Application forms are available from the school office.

If you want to come and look around our lovely Nursery we are holding open days every Wednesday between now and the closing date for applications which is 6th March. This is a great opportunity to look around, meet our team, and see our Nursery in action. If you want to book a tour please contact [the office](#).



Music is an important part of school life as it enhances children's moral and spiritual capabilities. Each week we will be sharing songs from the model music curriculum, which is used in our music teaching at Cranford. We would encourage and welcome your support by playing the music at home and discuss with your child what instruments they could hear, did they enjoy the music and how it made them feel.

This week's song: All things bright and beautiful

<https://www.bbc.co.uk/teach/school-radio/articles/zmgk47h>



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