



# Food

## Fruit Smoothies

Design, make and evaluate a fruit smoothie  
(product) for myself (user)  
as a healthy snack (purpose)

Key Vocabulary:

**Fruit:** Plant or trees edible seed with envelope

**Nutrients:** All the things in food that the body needs to remain healthy.

**Smoothie:** A drink made by mixing ingredients together in a blender

**Kitchen Utensils:** Tool or a machine used for food preparation e.g. knife, juicer, blender, peeler etc

**Hygienic:** Maintaining health, being clean and free from illness.

**Evaluate:** Summarise the use of something and it's worth by giving different reasons.



<b>Research</b>	Research existing products
<b>Design</b>	Plan your own product
<b>Make</b>	Make your own product
<b>Evaluate</b>	What went well? What would you do better next time?

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### Hygiene - some key pointers

- Jewellery is removed
- Hair is tied back
- Sleeves are rolled up
- Aprons are on
- Hands are washed
- Cuts are covered with blue waterproof dressing



Peeling



Cutting



Slicing



Grating



Squeezing

Utensil	Food	Effect
 Juicer	Orange	Makes juice
 Peeler	Apple	Unpeeled apple
 Knife	Carrot	Thin rings



# Our Local Area



## Key Vocabulary

**United Kingdom:** a country in western Europe that is surrounded by the Atlantic Ocean. It is divided 4 areas which are called; England, Wales, Scotland and Northern Ireland.

**London:** The capital city of the United Kingdom.

**Heathrow Airport:** the second busiest airport in the world.

**Streets:** a public road in a city, town, or village, typically with houses and buildings on one or both sides.

**Map:** a representation of an area of land or sea showing physical features, cities and roads.

**Detached:** A house that is not attached to any other buildings.

**Semi-detached:** A house that is attached to one more house or building.

**Bungalow:** a low house having only one floor.



**Flats:** a low rise or high rise building divided into small apartments.

**Terrace:** a house built as part of a continuous row in a uniform style.

**Caravan:** a vehicle equipped for living in, typically towed by a car and used for holidays.



What did Jesus teach? Is it possible to be kind to everyone all of the time?

CPS Knowledge Organiser –  
Year 2 – RE – Autumn 1

The Good Samaritan -  
Luke 10: 25-37



Jesus Christ (a representation)



The Story of Jesus  
Healing the Paralyse  
Man - Mark 2: 1-12



How can \_\_\_\_\_ be a good friend?

At break time...

At Lunch...

In class...

How is Christianity similar and different to Buddhism?

Buddhists also believe that you should be kind, caring and spread happiness and that they learn how to do this from **Buddha**.



**Key Vocabulary**

- Kindness-** being kind, friendly and nice to others.
- Share-** when you share something, you give some of it to other people.
- Feelings-** something that you feel inside yourself, like anger or love.
- Jesus-** the central figure of Christianity.
- Parable-** a short, simple story that teaches or explains an idea.
- Good Samaritan-** a person who helps others.
- Bible-** the Christian Holy Book.
- Christianity-** the Christian religion based on the teachings of Jesus Christ.
- Teaching-** giving knowledge to others.
- Neighbour-** someone who lives close by.
- Love-** the strong feeling you have when you like someone very much.
- Paralysed-** when someone has lost the ability to move part or all of their body.
- Friend-** your friends are the people you like and know well.
- Scenario-** a description of a story.
- Situation-** the things happening to you and the people around you.
- Reflect-** thinking about what you know.
- Buddhism-** Buddhism is a religion and philosophy that developed from the doctrines of the Buddha, a teacher who lived in northern India



# Health and Hygiene



Children aged between 5 and 18 should aim to do 60 minutes of exercise every day.

Moderate intensity activities will raise your heart rate, and make you breathe faster and feel warmer.

### Key Vocabulary

- Bacteria** - Small living things that can be found in the environment.
- Bones** - Hard white tissue that makes up the skeleton for humans and some animals.
- Diet** - The food and drink you eat on a daily basis.
- Exercise** - Body movements that get your blood pumping faster around your body.
- Germs** - A type of bacteria that can cause illnesses in plants, animals or humans.
- Healthy** - When you are healthy, you are not ill. Things that are healthy are good for you and keep you fit and well.
- Heart rate** - The speed of your heartbeat.
- Hygienic** - Actions you can take to keep you healthy and stop you from getting ill.
- Muscles** - The strong parts of your body that you use to make your body move.
- Pulse** - The rhythm of your blood flowing around your body.
- Stamina** - The ability to keep doing something for a long time.





**CPS Knowledge Organiser – YEAR 2**

**PSHE- Jigsaw – Autumn 1**



Being me in my world



### Our Learning Charter

<p><b>Rights</b> We have the right to: Learn Be respected and treated fairly Be heard Feel safe</p>	<p><b>Responsibilities</b> We have the responsibility to: Allow others to learn Respect others and treat them fairly Listen to others Keep others safe</p>
<p><b>Rewards</b> Prize Sticker Choice activity box Visit another teacher Class certificate Popcard home Head Teacher award</p>	<p><b>Consequences</b> Reminder Warning Time out in class Loss of privilege Time out in another class Parents/Carers informed Sent to Senior Leader</p>

**Vocabulary:**

- hopes
- worries
- fears
- belonging
- rights
- responsibilities
- responsible
- actions
- praise
- reward
- consequence
- positive
- negative
- choices
- Learning charter
- Consequences
- Reward
- Co-operation
- Teamwork
- Poster
- Choices
- Rights
- Responsibilities

I like learning in my class because...  
I make my class safe and happy by...  
Jigsaw Jo





# IT Around Us

## What is information technology (IT)?



Rules when using IT to keep ourselves and others safe

Be nice to other people

Keep personal information private

Stop using IT when you should be listening

Ask before taking someone's photo

### Key Vocabulary

**Information Technology-** a computer or something that works with computers. A way of storing, retrieving and sending information

**Devices-** a thing made or adapted for a particular purpose. E.g. a machine or piece of equipment. For example an iPad to research information.

**Information-** Facts provided or learnt about something or someone.

**Purpose-** The reason for which something is done or created. What is it used for?

**Safely-** In a way that protects anyone or anything from danger or harm.



Where might you find these examples of information technology beyond school?

