

Newsletter

Cranford Primary School

Issue 19: 2nd February 2024

Message from the Head Teacher

It is hard to believe that we only have one week left before the February half term break! Next week is another busy week here at Cranford Primary School. It is Children's Mental Health Week and this year's theme is 'My Voice Matters'. Throughout the week the children will be exploring what mental wellbeing means and how they can look after their own wellbeing. The week will culminate on Friday 9th February with 'Express Yourself Day' where children can celebrate what makes them unique through a dress-up day. In exchange for a £1 donation the children can come to school wearing something that represents them – whether it is a favourite colour, wearing the kit which reflects their hobby or coming as a book, music or film character. Basically the children can wear anything that makes them smile and reflects their personality.

On Tuesday we are holding an open day for any prospective Nursery children. This starts at 1.15pm – please let any friends, family or neighbours know about it if they have children due to start Nursery in September.

On Thursday we are holding a Coffee Morning and all parents are invited to come along. It starts at 9am and as well as a chance to speak to school staff over a coffee and biscuit there will be advice on how to support your child's Maths learning at home. We hope to see many of you there.

The school kitchen will be preparing a wonderful Chinese feast on Thursday to celebrate Chinese New Year. Please log into your Parent Pay account to book the lunch before the cut off time of midnight on 7th February.

Have a lovely weekend.

Jasmeen Chana, Headteacher





EARLY YEARS
ATTENDANCE
WINNERS
BLUE CLASS

KS1
ATTENDANCE
WINNERS
PURPLE CLASS

KS2
ATTENDANCE
WINNERS
SAFFRON
CLASS



Congratulations to the following children who were awarded a merit this week:

Gabriel (4Scarlet), Ekam (4Scarlet), Rayansh (1Green), Xylon (1Green), Azarias (2Purple), Menino (5Emerald), Asra (2Gold), Ashmeet (5Emerald), Hamza (2Gold), Ritik (1Lime), Reece (3Ruby), Karl (5Crimson), Abrish (5Crimson), Haerrvin (3Ruby), Pavleen (1Lime), Musa (2Purple), Kenny (3Lilac), Nathan (3Aqua), David (3Aqua), Anaaiya (3Lilac), Muhammad (3Lilac), Aahil (3Ruby), Ibrahim (RPink), Amaya (RPink), Agamveer (4Scarlet), Alisha (4Topaz), Sahibjot (4Topaz)

Don't be late through the gate!

Congratulations to the children or our morning Nursery who have the best punctuality mark in the whole school.

Perfect punctuality is essential for ensuring your child achieves their full potential. Being late for school has so many negative consequences - children feel stressed and embarrassed when arriving to the classroom when everyone else is already settled in. When one pupil arrives late it disrupts the teacher and the rest of the class, compromising everyone's learning. You may be surprised to know that children start learning the minute they get into their classroom. So if your child is late they will miss significant learning opportunities.

5 mins late every day	3.4 days of learning lost every year
10 mins late every day	6.9 days of learning lost every year
15 mins late every day	10.3 days of learning lost every year
20 mins late every day	13.8 days of learning lost every year
30 mins late every day	20.7 days of learning lost every year



CRANFORD
PRIMARY SCHOOL

JOIN US FOR AN EXPRESS YOURSELF DAY!

We're all different – we all have different things that make us tick and that bring a smile to our face.

Express Yourself allows children and young people to celebrate what makes them unique with an incredibly fun dress-up day – this could be sharing their favourite hobby, such as skateboarding or dancing, or wearing their favourite colour or accessory. Or it could just be coming in as themselves.

Express Yourself is about letting children's voice shine through and empowering them to tell their own stories!

**ON FRIDAY 9TH FEBRUARY 2024
BRING IN A £1!**

Cranford Primary School, Berkeley Avenue, Cranford, Middlesex TW4 6LB



020 8759 0305



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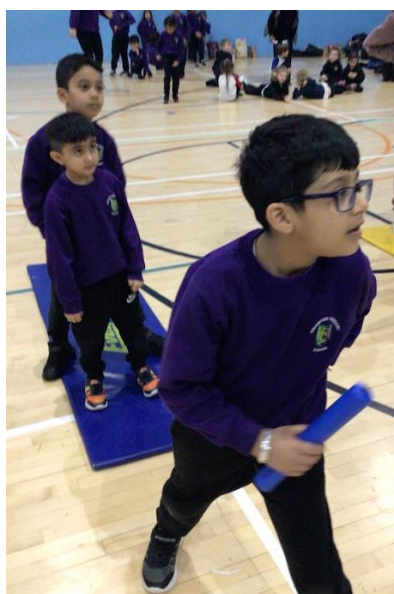
Sports Hall Athletics Tournament

On Monday 29th January, 12 children from Year 1 and Year 2 had the opportunity to participate in their first competition for Cranford Primary School. There were 24 schools from the borough that took part in the Sports Hall athletics competition. The children involved took part in many different activities that involved throwing, running and jumping. All the children worked very hard and they should be very proud of themselves.

Ahmed - "I enjoyed the competition and my favourite part was the hurdles running race."



Amal - "It was good fun because we did a lot of running."



Ritik - "I loved the whole event!"



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Coffee Morning



Thursday 8th February

KS2 Hall

9:00am - 10:00am



Join us for our special Maths Coffee Morning designed just for you! We will explore our school maths overviews, share various teaching methods and look at assessment styles.

We encourage you to bring your curiosity, questions and enthusiasm to create a positive math environment at home.



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A festive Chinese New Year poster for the Year of the Dragon. The background is a deep red. A large, stylized dragon with a red head, yellow horns, and a green and red body with yellow scales curves around the central text. In the top right, there are two green lanterns with yellow tassels and a red lantern. In the bottom left, a small green cartoon character wearing a traditional conical hat and holding a yellow fan is visible. The central text is white and yellow, announcing the date and menu for the school lunch.

**8th
Feb
2024**

HAPPY CHINESE
NEW YEAR
YEAR OF THE DRAGON

**Sweet & Sour Chicken
or
Black Bean Quorn
Noodles**

**Chinese Style Rice
Asian Style Vegetables**

Toffee Apple Cake

Also Available:
Baked Potatoes
Self Service Salad
Fruit Platter
Yoghurt

The children will be enjoying a special Chinese New Year lunch on Thursday 8th February 2024. Please ensure you log into your Parent Pay account to book a lunch for your child. The cut off time for booking is midnight on 7th February. No payment is required for meals.

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Children's Mental Health Week

February 5th – 11th 2024



This year's theme is 'My Voice Matters' and aims to empower young people to use their voice, share what matters to them, and encourage those around them to hear them.

Evidence shows that empowering children and young people can have a positive impact on their health and wellbeing. For example, children and young people who feel that their voices are heard - and that what they say makes a difference - have higher levels of self-efficacy and self-esteem.

DO YOU SOMETIMES WORRY ABOUT HOW YOU ARE FEELING?

If so, read on!



Here are some brilliant tips from children just like you. These children have also had ups and downs with their mental health and want to pass on some ideas that have helped them:

- Ask for help – from a teacher, parent, brother, sister, or other family member. Keep telling until someone listens to you.
- Remember you are not alone – everyone goes through tough times. Be kind to yourself – everyone is perfect in their own way.
- Stay calm – take some breathers or find somewhere to sit quietly for 2 minutes.
- Go outside and get some exercise to make yourself feel stronger.
- Spend time with your family and friends (or pets).
- It's okay to not always be okay.
- Think of your favourite thing and write it down.
- Keep a diary to track all your emotions.
- Stay positive and focus on things that make you happy. If you can't think of anything, maybe a friend can help you.
- Remember you are enough, and you are the only you.
- If you are being bullied, maybe the bully is being bullied or has something going on at home and they're taking it out on someone else. Tell an adult or trusted friend. |



www.childrensmentalhealthweek.org.uk

www.youngminds.org.uk

www.nhs.uk/mental-health/children-and-young-adults/mental-health-support/

www.healthforteens.co.uk

www.healthforkids.co.uk





On Tuesday Lyca Radio broadcast it's Breakfast Show live and direct from Cranford Primary School.

Mrs Chana was live at 8am talking about the school and how fantastic our school community is. The Radio DJ had visited the children on Friday during careers week and she shared how impressed she was with all of the children and their curiosity to find out more about her career. Next up were Abira, Nestor and Manshveer from Year 5 who spoke on the radio introducing the songs and presenting the links between the songs. Valissa showed the children how the radio works for example when it is on mute, how long is left of a song and how to put an advert on. Finally there was a chance for more Year 5 children to join the action by participating in a high energy game of yes and no and taking part in a Maths quiz.



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Dates for your Diary

Tuesday 6th February -
1:15pm - Nursery Open Day

Thursday 8th February -
9am Coffee Morning

Thursday 8th February -
3pm Year 4 Art Exhibition

Friday 9th February -
Express Yourself Dress Up Day

12th -16th February -
Half Term holiday

28th February - Science Day

7th March - World Book Day

12th and 14th March -
Parents Evening

18th March - Year 6 SATS meeting

27th March - Year 4 Easter Assembly

29th March - 12th April - Easter Holidays

15th April - Start of the Summer Term

25th April - Year 1 Vaisakhi Assembly

26th April - Maths Day

Applications for Nursery 2024 are now open

We are holding a Nursery Open Day on Tuesday 6th February at 1.15pm for any parents thinking of choosing Cranford Primary School for their child's Nursery. Children born between 1 September 2020 and 31 August 2021 can start in the nursery class of our school in September 2024.

Children can take up a free 15-hour place and working families who meet certain eligibility criteria can also claim an additional 15 hours of free education and childcare a week - 30 hours in total. You can [check your eligibility](#) here.

Applications are now open but will close on 8th March 2024. Please come into the school office to collect an application form.

The London Borough of Hounslow have prepared a useful leaflet called [Starting in a Hounslow School Nursery](#).

Rights Respecting School:

This week we have been focusing on Curiosity (Reconnection). We have been learning about Article 17:

"Every child has the right to reliable information from the media. This should be information that children can understand. Governments must help protect children from materials that could harm them."

Music is an important part of school life as it enhances children's moral and spiritual capabilities. Each week we will be sharing songs from the model music curriculum, which is used in our music teaching at Cranford. We would encourage and welcome your support by playing the music at home and discuss with your child what instruments they could hear, did they enjoy the music and how it made them feel.

This week's songs:

KS1 - What a Wonderful world - Louis Armstrong
<https://www.youtube.com/watch?v=vw3o6GQ2xe8>

KS2 - When I grow up - from Matilda
<https://www.youtube.com/watch?v=96JDkI2tBhI>

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