# Size \& Care Guides 



## Size Guide

Many items of school uniform are sold as a specific size not by age - if you are used to buying by age we advise that you measure your child and check the Age/Inch comparison Size Guide below.
Garment sizes in Inches are a "TO FIT" size therefore if your child measures a $26^{\prime \prime}$ chest we would advise you to order a 26 " chest as garments are made to fit that chest size - only order a larger size if you are allowing room for growth.

There is one exception to this rule and that is KNITWEAR - please order one size larger than chest measurement.

We strongly advise that you measure your child and check the Age/Inch comparison Size Guide below.


Childrens Sizes

| Garment | To Fit Ages | 3/4yrs | 5/6yrs | 7/8yrs | 9/10yrs | 11/12yrs | 13/14yrs |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sweatshirts | To Fit Chest | 24" | $26 "$ | 28" | 30" | 32" | 34" |
| Sweat Cardigans | To Fit Chest | 24" | $26^{\prime \prime}$ | 28" | 30" | 32" | $34{ }^{\prime \prime}$ |
| Polo Shirts | To Fit Chest | 24" | $26 "$ | 28" | $30 "$ | 32" | $34{ }^{\prime \prime}$ |
| PE T-Shirts | To Fit Chest | $24^{\prime \prime}$ | $26^{\prime \prime}$ | $28^{\prime \prime}$ | 301 | 32" | $34{ }^{\prime \prime}$ |
| Knitwear | To Fit Chest | $26^{\prime \prime}$ | 28" | 30" | 32" | $34^{\prime \prime}$ | $36 "$ |
| Blazers - Boys | To Fit Chest | X | X | 28" | 30" | 32" | 34" |
| Blazers - Girls | Ladies Sizes | X | X | size 6 | size 8 | size 10 | size 12 |
| Blazers - Girls | To Fit Chest | X | X | 28" | 30" | $32^{\prime \prime}$ | $34{ }^{\prime \prime}$ |
| Boys Shirts | Collar Size | 11 1/2 | 12 | 12 1/2 | 13 | $131 / 2$ | 14 |
| Girls Blouses | To Fit Chest | $24^{\prime \prime}$ | 26 " | 281 | $30 "$ | 32" | $34{ }^{\prime \prime}$ |
| Fleece Jackets | To Fit Chest | $24 "$ | 26" | 28" | $30 "$ | 32" | $34{ }^{\prime \prime}$ |
| Reversible Jackets | To Fit Chest | $24^{\prime \prime}$ | $26^{\prime \prime}$ | 28" | 30" | 32" | $34{ }^{\prime \prime}$ |
| Weatherwise Jackets | To Fit Chest | 24. | $26 "$ | 28" | $30 "$ | 32" | $34{ }^{\prime \prime}$ |
| Rugby Shirts | To Fit Chest | $24^{\prime \prime}$ | $26^{\prime \prime}$ | 28" | 30" | 32" | 34/36" |
| Football Shirts | To Fit Chest | X | X | 26/28" | 28/30" | 30/32" | 32/34" |
| Tracksuit Tops | To Fit Chest | X | 26" | 28" | 30" | 32" | $34{ }^{\prime \prime}$ |
| Boys Trousers | To Fit Waist | 20" | 22" | 24" | 26" | $28^{\prime \prime}$ | 30" |
| Boys School Shorts | To Fit Waist | 21 1/2" | 22 1/2" | $241 / 2^{\prime \prime}$ | 26 1/2" | $28^{\prime \prime}$ | 301 |
| Girls Trousers | To Fit Waist | 20" | 22" | $24 "$ | $26 "$ | $28^{\prime \prime}$ | $30 "$ |
| Skirts | To Fit Waist | 20" | 22" | 24" | 26" | 28" | 30" |
| Tracksuit Bottoms | To Fit Waist | 18-20" | $\leftrightarrow$ | 22-24" | $\leftrightarrow$ | 26-28" | 28-30" |
| Sports Shorts | To Fit Waist | 18-20" | $\leftrightarrow$ | 22-24" | $\leftrightarrow$ | 26-28" | $\leftrightarrow$ |
| Jog Bottoms | To Fit Waist | $18{ }^{\prime \prime}$ | 20" | 22" | 24" | $26^{\prime \prime}$ | 28" |

Adults Sizes

| Garments | To Fit Ages | XS Adult | Small | Medium | Large | XL | XXL |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sweatshirts | To Fit Chest | $36 "$ | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Sweat Cardigans | To Fit Chest | $36^{\prime \prime}$ | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Polo Shirts | To Fit Chest | $36 "$ | $36 / 38{ }^{\prime \prime}$ | 38/40" | 42/44" | 46/48" | 48/50" |
| PE T-Shirts | To Fit Chest | $36^{\prime \prime}$ | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Knitwear | To Fit Chest | 38" | 38/40" | 40/42" | 42/44" | 46/48" | 48/50" |
| Blazers - Boys | To Fit Chest | $36^{\prime \prime}$ | 38" | 40" | 42" | 44" | 46" |
| Blazers - Girls | Ladies Sizes | size 14 | size 16 | size 18 | size 20 | size 22 | size 24 |
| Blazers - Girls | To Fit Chest | $36^{\prime \prime}$ | 38" | 40" | 42" | 44" | 46" |
| Boys Shirts | Collar Size | 14 1/2 | 15 | 15 1/2 | 16 | 16 1/2 | 17 |
| Girls Blouses | To Fit Chest | 361 | 38" | 40" | 42" | 44" | $46^{\prime \prime}$ |
| Fleece Jackets | To Fit Chest | $36 "$ | $36 / 38{ }^{\prime \prime}$ | 38/40" | 42/44" | 46/48" | 48/50" |
| Reversible Jackets | To Fit Chest | $36^{\prime \prime}$ | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Weatherwise Jackets | To Fit Chest | $36 "$ | $36 / 38^{\prime \prime}$ | 38/40" | 42/44" | 46/48" | 48/50" |
| Rugby Shirts | To Fit Chest | $\leftrightarrow$ | 38/40" | $\leftrightarrow$ | 42/44" | 46/48" | 48/50" |
| Football Shirts | To Fit Chest | 34/36" | $36 / 38{ }^{\prime \prime}$ | 38/40" | 42/44" | 46/48" | 48/50" |
| Tracksuit Tops | To Fit Chest | 34/36" | 36/38" | 38/40" | 42/44" | 46/48" | 48/50" |
| Boys Trousers | To Fit Waist | $\leftrightarrow$ | 32" | 34" | 36" | $38{ }^{\prime \prime}$ | 40" |
| Boys School Shorts | To Fit Waist | $\leftrightarrow$ | 32" | $34^{\prime \prime}$ | $36^{\prime \prime}$ | $38^{\prime \prime}$ | 40" |
| Girls Trousers | To Fit Waist | $\leftrightarrow$ | 32" | $34{ }^{\prime \prime}$ | $36 "$ | 38" | 40" |
| Skirts | To Fit Waist | $\leftrightarrow$ | 32" | $34^{\prime \prime}$ | $36^{\prime \prime}$ | $38^{\prime \prime}$ | 40" |
| Tracksuit Bottoms | To Fit Waist | $\leftrightarrow$ | 30-32" | 32-34" | 34-36" | 36-38" | 38-40" |
| Sports Shorts | To Fit Waist | 30-32" | $\leftrightarrow$ | 34-36" | $\leftrightarrow$ | 38-40 | $\leftarrow$ |
| Jog Bottoms | To Fit Waist | 301 | $32^{\prime \prime}$ | $34 "$ | 36" | 381 | 40" |

PLEASE NOTE: These measurements are for guidance only. We supply a variety of different brands with varying fits, if in doubt you should see your school for a sizing set.

